# MINNESOTA LTSS PROJECTION MODEL: MN-LPM

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# Background



# MN Own your Future Objectives

#### **Education and Awareness**

 Making Minnesotans more aware of the need to plan for their longterm care,

### **Product Development**

 Developing more affordable and suitable insurance and financial products that can help middle income Minnesotans pay for their long-term care,

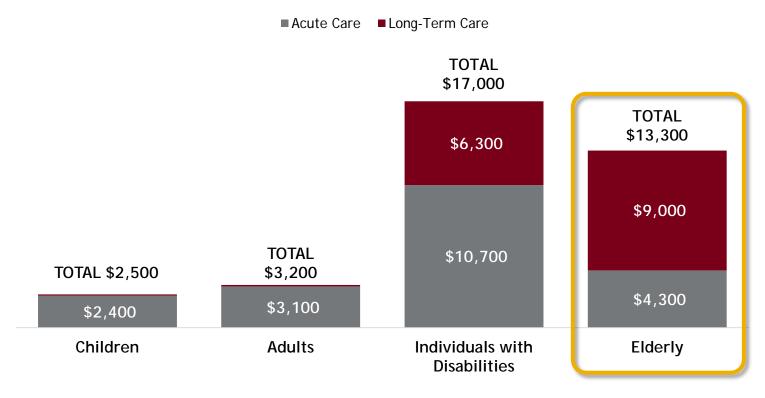
### **Aligning Incentives**

 So that Medicaid is supportive of private financing of long-term care.



# Elderly represents 5.5% of Mcaid enrollment but costs are significant

Medicaid per enrollee spending is significantly greater for the elderly and individuals with disabilities compared to children and adults.



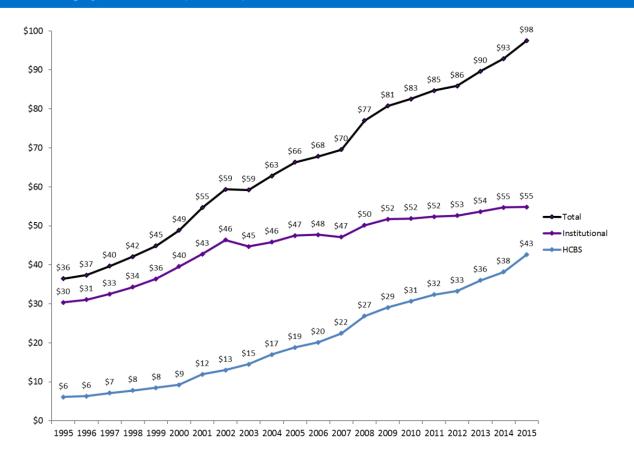
Note: Rounded to nearest \$100. Spending may not sum to totals due to rounding.

Source: Kaiser Family Foundation and Urban Institute estimates based on data from FY 2013 MSIS and CMS-64 reports. Due to lack of data, does not include CO, KS, NC, or RI



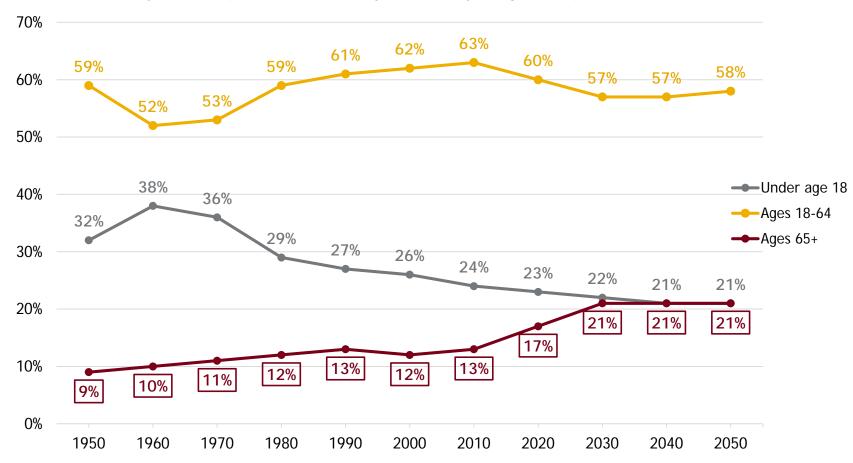
# Medicaid LTSS expenditures a large and growing part of state budgets

Figure 11. Medicaid LTSS Expenditures Targeted to Older Adults and People with Physical Disabilities, by Service Category, FY 1995–2015 (in billions)

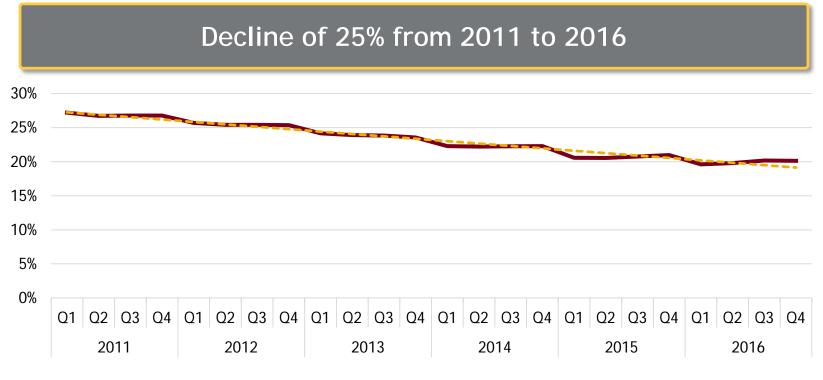


# Minnesota's aging population continues to grow as baby boomers age

Historical and Projected Population Shares By Three Major Age Groups, Minnesota, 1950-2050



# Rebalancing: Minnesota's use of Nursing Facilities has declined over time



Medicaid Elderly Waiver



Alternative Care Program



State-Funded Essential Community Support





# Our model



# **Model Overview**

### **Projections**

- Use and Costs of LTSS for MN Medicaid Elderly
- Baseline of 2015 projected to 2020 and 2030

### **Use of Minnesota-specific Data**

- 2015 MMIS on LTSS spending as baseline
- Minnesota-specific demographic inputs

### **Target Population**

- Elderly age 65 +
- Excludes disabled and under age 65
- Excludes acute care services

Minnesota residents aged 50 or older in 2015 who will be 65 or older in 2030



### **Data Sources**

#### Main data sources

- American Community Survey, five-year file (2015)
- Minnesota's Medicaid Management Information System (2014-2016)

### Secondary data sources

- Health and Retirement Study (2000, 2006, 2014)
- Minnesota Health Access Survey (2015)
- Survey of Older Minnesotans (2015)
- Behavioral Risk Factor Surveillance System (2015)

# A few notes on the data

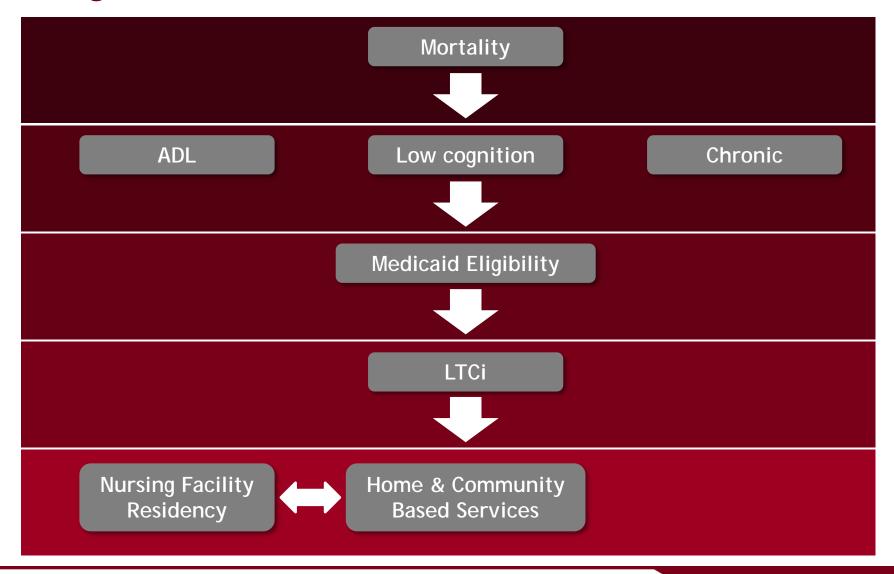
# Baseline data – FFS data plus disaggregated encounter data

Managed care plans represent apx 60% of all expenditures

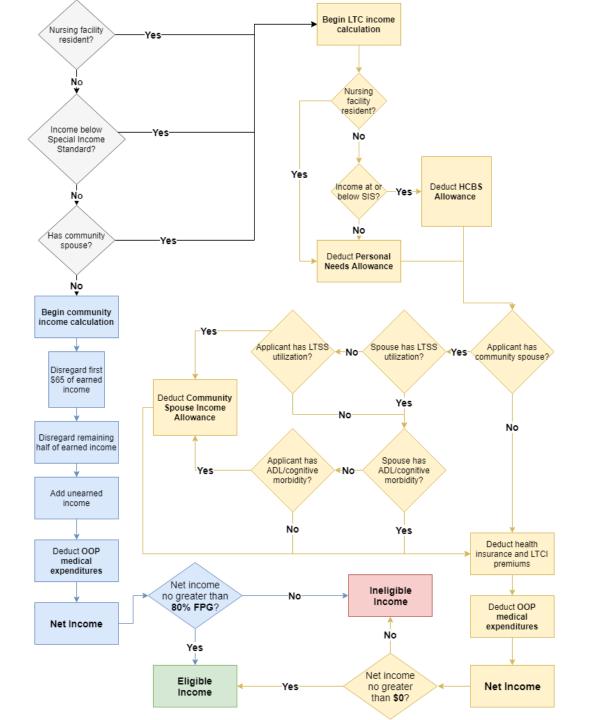
### **Nursing Facility Definition**

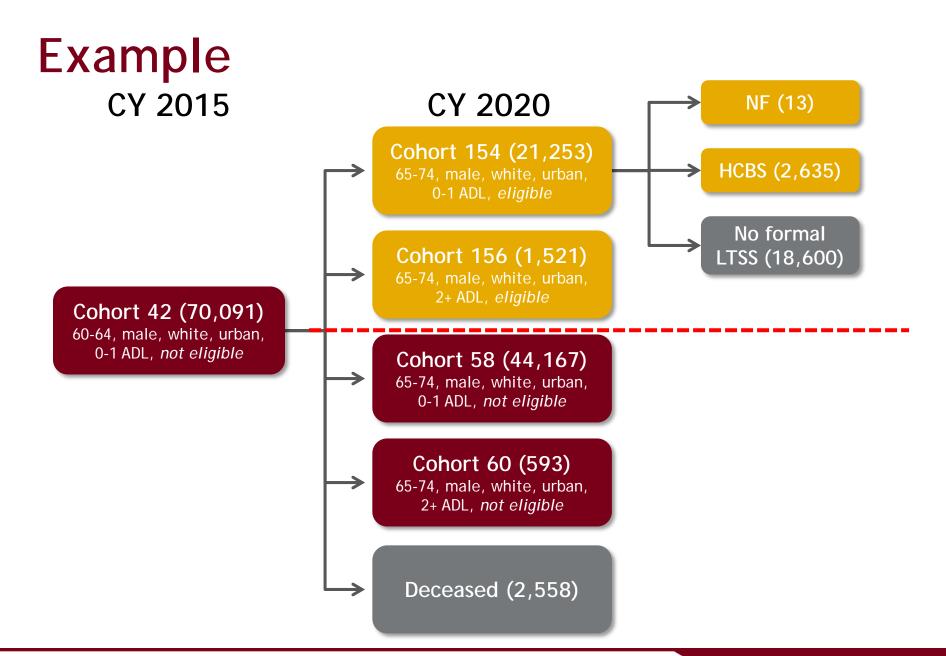
- Stayed 100 or more consecutive days at a nursing facility
- Had a at least one nursing facility stay in 6 or more months in 2015
- Spent 180 or more days in a nursing facility in 2015.
- Excludes post-acute short term rehab stays

# **Projection Framework**



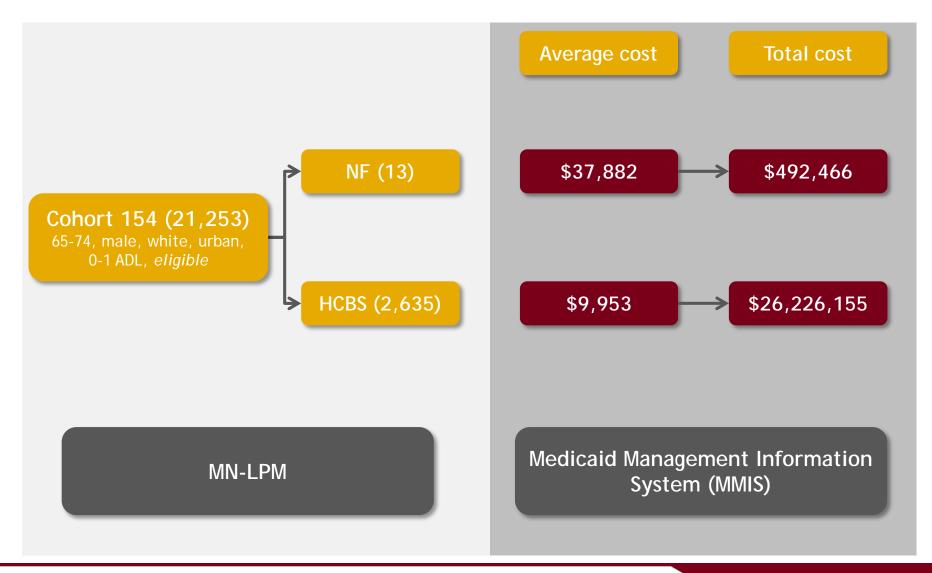








# Example (cont'd)





# Baseline



# 2015 Baseline: Utilization and Costs

- 54,773 Minnesotans made claims for LTSS they received at home or in nursing facilities
- Medicaid spending on LTSS: \$991 million

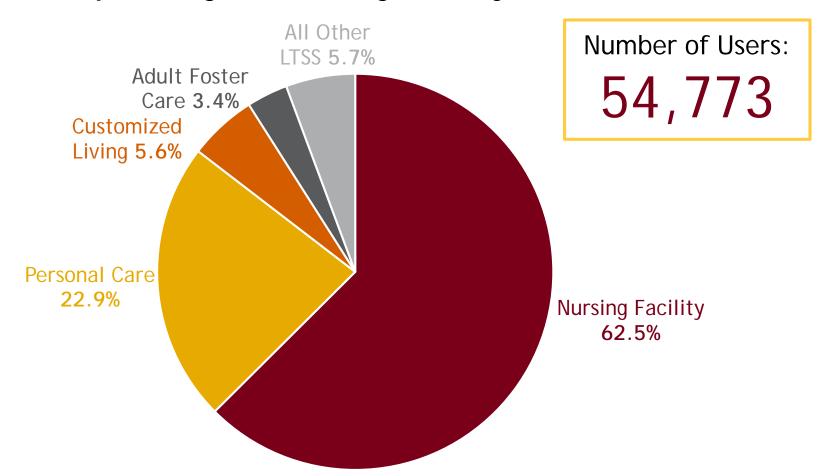
	Users	Total Cost (millions)	
NF residents	16,942	\$620	
HCBS	37,831	\$371	
Total	54,773	\$991	

Source: SHADAC's analysis of MMIS, 2015



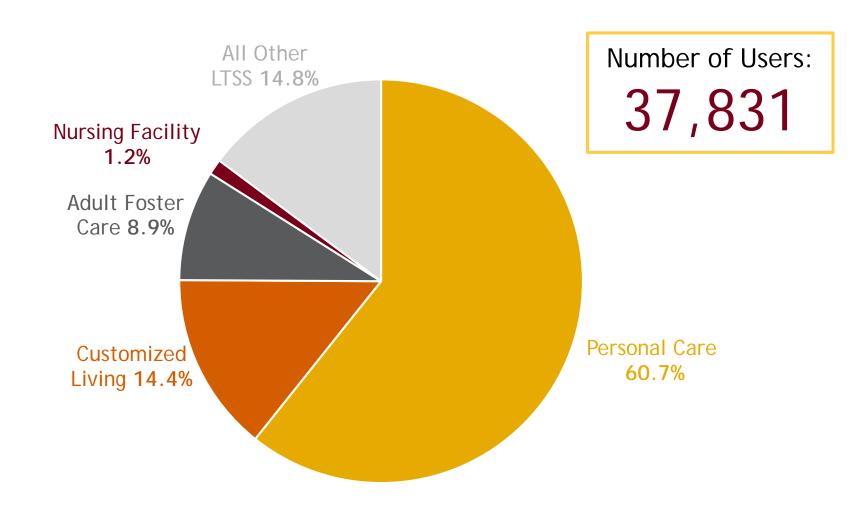
# 2015 Baseline - All Medicaid LTSS Expenditures (\$990.6 million)

2/3 of all spending on nursing facility services





# 2015 Baseline Community-Based LTSS Expenditures (\$370.6 million)



# **Utilization and Projections**



# **Utilization and Projections - People**

# Preliminary Results

 If no policy is implemented, we project that by 2030 the number of Medicaid enrollees who are nursing facilities residents will grow 12%, whereas the number of Minnesotans using HCBS will double – 104% growth

	2015	2020	2030	2015-2030
NF residents	16,942	12,000	19,000	12%
HCBS	37,831	56,000	75,000	104%
Total	54,773	68,000	94,000	76%

Source: MN-LPM

These projections assume a medium scenario for Medicaid eligibility and LTCi



# **Utilization and Projections - Dollars**

### Preliminary Results

 We project that by 2030 Medicaid expenditures on LTSS will grow by 73% (\$723 million)

	2015	2020	2030	2015-2030
NF residents (in millions)	\$620	\$505	\$975	57%
HCBS (in millions)	\$371	\$496	\$739	99%
Total (in millions)	\$991	\$1,001	\$1,714	73%

Source: MN-LPM

These projections assume a medium scenario for Medicaid eligibility and LTCi

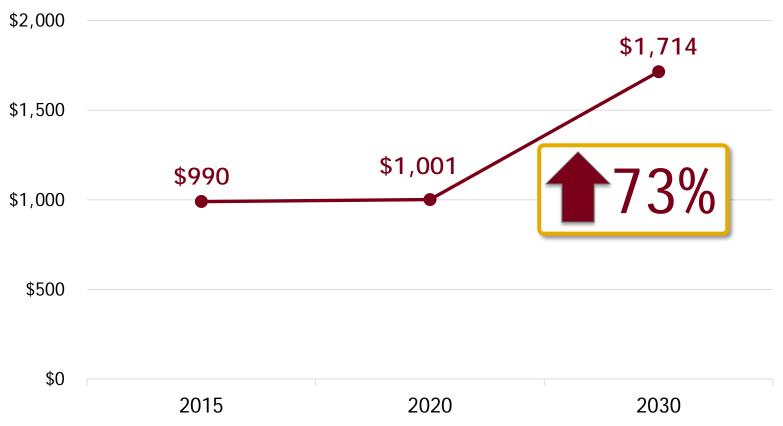
Estimates assume an average inflation rate of 2%

This increase in expenditures is driven by the growth in HCBS utilization (104% growth)



# **Utilization and Cost Projections**

We estimate that total Medicaid spending on LTSS will more than double by 2030 (in millions)



Source: MN-LPM

These projections assume a medium scenario for Medicaid eligibility and LTCi Estimates assume an average inflation rate of 2%



# Policies Evaluated - Preliminary

#### **Enhanced Home Care Benefit**

- Non-med chore services, service coordination, adult day care
- Maximum daily benefit of \$100 and lifetime benefit of \$50,000
- Benefit embedded in all Medicare Advantage, Medigap plans

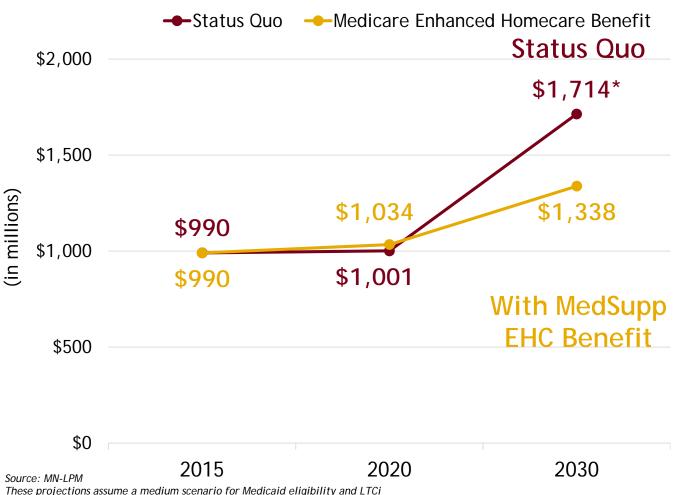
### LifeStage Insurance Product

- Blended product of life insurance and LTCi policy
- Life insurance benefit up to age 64 and after age 65 becomes a LTCi policy
- Targeted to employed adults with high school or higher education, aged 35–55, with annual household income between \$50,000 and \$500,00



### EHC Benefit in MediSupp Plans

### Preliminary Results



Estimated 22% Savings of Baseline Projection or \$376 million (in 2030 dollars)

These projections assume a medium scenario for Medicaid eligibility and LTCi Estimates assume an average inflation rate of 2%



<sup>\*</sup> Statistically different

# Policies Effects, LifeStage

### Preliminary Results

- Our estimates do not show Medicaid LTSS cost savings under the LifeStage implementation scenario that are statistically different than the status quo
  - LifeStage has a relatively young market target
  - More benefits are likely observable in projections beyond 2030
- A full evaluation of LifeStage would require:
  - Projections beyond 2030
  - Considering other outcomes
    - Out-of-pocket LTSS expenditures
    - Minnesotans' Assets and income



# Summary - MN LTSS Projection Model

- State Platform that can be added to and developed over time
- Key is use of state-specific data inputs especially the MMIS LTSS expenditure data
- Working collaboratively with state Medicaid to understand eligibility criteria, existing and new programs, refine model
- Disability service costs important but different population, different needs and modeling approach



# **Next Steps**

#### **On-going refinements**

 Projecting household income and savings into 2030 and how these would be affected by the policies evaluated

#### Other possible extensions

- Considering projections beyond 2030
- Policy options
  - Other LTC insurance options
  - Increases in disposable income (e.g., tax credits or reverse mortgage)
  - Social determinants of health (e.g., implementing programs that reduce food-insecurity)
- Context scenarios
  - Medical advancements (e.g., finding a cure for Alzheimer)
  - Provider supply (e.g., different scenarios of how the supply will respond to the increased demand for HCBS or NH care)

# Acknowledgements

### **University of Minnesota-SHADAC**

 Giovann Alarcon, Robert Hest, Mark Woodhouse, and Benjamin Capistrant

# **MN** Department of Human Services

- Own Your Future, Aging Transformation-LaRhae Knatterud
- Marie Zimmerman, Medicaid Director

### Consultants

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# THANK YOU

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